

Essraa Mostafa Hamdy Rabah

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Work Experience:

- Content creator of psychology and family counseling in social media (2022-2026).
- Freelancer works as a Clinical Psychologist for four years in psychotherapy and art therapy (2020-2025).
- One of the influential figures in mental health on linkedin (2025).
- Clinical Psychologist, Sayed Galal Hospital and El Hussein University Hospital (2015- 2017).
- *Trained The different approaches to psychotherapy such as: (Psychoanalytic, CBT and REBT).
- *Used Eclectic Therapy to treat the Depression Case.
- *Used Clinical Interview, KFD Test and T.A.T to treat the Depression Case.
- *Used Rorschach Test to diagnose the Psychopathic Case.
- *Explained to my colleagues how to use the Rorschach Test.
- *Explained to my colleagues Psychological books.
- Psychologist, El Abbasya Hospital for Mental Health (January – March 2013).

Education:

- ***PHD researcher, Faculty of Postgraduate Childhood Studies, Ain Shams University- May 2025.**

***Pre -PHD, Faculty of Postgraduate Childhood Studies, Ain Shams University – June 2024.**

Cumulative Grade: Excellent.

***Master's degree in Social Psychology, Faculty of Postgraduate Childhood Studies,
Department of Child Psychological Studies, Ain Shams University - June 2022.**

Cumulative Grade: Excellent.

***Pre - master, Faculty of Postgraduate Childhood Studies, Ain Shams University – June 2019.**

Cumulative Grade: Very Good.

***Clinical Diploma, Faculty of Arts, Ain Shams University – June 2015.**

Cumulative Grade: Excellent.

***Bachelor of Arts, Psychology Department, Ain Shams University – June 2013.**

Cumulative Grade: Very Good.

Extracurricular Activities:

*The Scientific Meeting “Beyond Mental Illness; Extending care to families and caregivers” , Adel Sadek Hospital (November 2019).

*The Workshop “Improving Research Dissemination and Impact”, Faculty of Alsun, Ain Shams University (November 2019).

*The Workshop “Egyptian Knowledge Bank”, Faculty of Commerce, Ain Shams University (November 2019).

*Conference Of Japanese Educational Activities for Child Character Structure“ Tokkatsu” , Faculty Of Education, Ain Shams University (September 2019).

*15th International Congress On Psychiatry, "Recent Updates In Psychiatric Practice, Faculty of Medicine, Ain Shams University (September 2019).

* 5th Congress Of General Secretariat Of Mental Health & Addiction Treatment, National Training Institute (November 2018).

*The Workshop in 5th Congress Of General Secretariat Of Mental Health & Addiction Treatment, National Training Institute (November 2018).

- * The Workshop “Egyptian Knowledge Bank” about how to use and activate data sources that serve research work, Faculty of Commerce, Ain Shams University (November 2018).
- *The 22nd annual Conference of faculty of medicine for girls Al-Azhar university, Psychiatry department workshop “Soft Skills: The Gateway to Success, Hilton Cairo Heliopolis (October 2018).
- *The 5th Annual Armed Forces Psychiatry Conference, TOLIP Golden Plaza Hotel (March 2018).
- * The Annual Medical Congress Of The Scientific Society Of Al Azhar Faculty of Medicine for Girls, Le Meridien Heliopolis Hotel (September 2017).
- * 4th Congress Of General Secretariat Of Mental Health & Addiction Treatment, National Training Institute (September 2017).
- * The 4th Annual Armed Forces Psychiatry Conference, Egyptian Military Medical Academy (April 2017).
- *The Workshops Of the 4th Annual Armed Forces Psychiatry Conference, Egyptian Military Medical Academy (April 2017).
- * 22nd Annual Congress Al Azhar Faculty of Medicine, Triumph Hotel (December 2016) .

Courses:

- *Scientific Writing, Training & Development Center, Ain Shams University, July 2024, 15 internship hours.
- *Psychological Ethics, Egyptian Psychologists Association, August 2017, 20 internship hours.
- *Cognitive Behavioral Therapy Of Obsession, Egyptian Psychologists Association, August 2017, 20 internship hours.
- *Cognitive Behavioral Therapy Of Depression, Egyptian Psychologists Association, August 2017, 20 internship hours.
- *Projective Tests “T.A.T, Rorschach and KFD”, Egyptian Psychologists Association, August 2016, 20 internship hours.

Skills:

Computer Skills:

*Good command of Using Canva to Design posts at social media.

*Good command of Video Design in Psychological Field.

Language Skills:

- Arabic: Native.

-English: Good.